



RIALTO
UNIFIED SCHOOL DISTRICT
BRIDGING FUTURES THROUGH INNOVATION



To: All Employees

From: Derek Harris
Lead Risk Mgmt. &
Transportation Agent

Bulletin No. RM-25-003

August 12, 2024

Subject: Short-Term Counseling Services - The Counseling Team International

The Rialto Unified School District has acquired the services of The Counseling Team International (TCTI) to provide **free short-term counseling services** to District employees, their qualified dependents, and family members living in the same household. The District is committed to the health and well-being of each employee. This benefit provides an opportunity to gain access to free professional assistance. **All services are confidential**; District administration, including your immediate supervisor **will not be notified**.

Services include, but are not limited to, short-term counseling for the following:

- ✓ Marital/Family needs
- ✓ Stress/Burnout
- ✓ Anger Management
- ✓ Separation/Divorce
- ✓ Child/Adolescent Issues
- ✓ Depression
- ✓ Anxiety/Panic Attacks

To access services, call TCTI at 1(800) 222-9691. Brochures are available in Employee Benefits, Risk Management or Personnel. Please feel free to contact the Employee Benefits Department at (909) 820-7700 ext. 2110, should you have questions or need additional information.